



### European Athletics Team Championships 1st League

Heraklion 20-21 June 2015

### BULLETIN

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## WELCOME GREETINGS

#### **EUROPEAN ATHLETICS PRESIDENT**

Since the launch of the European Athletics Team Championships in Leiria in 2009, the event has quickly established itself as the premier team event on the international athletics calendar.

European Athletics is delighted to be back in Greece for the 2015 European Athletics Team Championships First League in Heraklion.

Staging an event is always an organisational challenge and I extend my thanks to the Heraklion 2015 Local Organising Committee, its staff and volunteers who, with the assistance of European Athletics, continue to work hard to make the event a success.

Lalso wish to pay tribute to the invaluable support of the national sponsors and suppliers supporting the event.

Located on the beautiful island of Crete, the stadium hosted part of the football tournament during the 2004 Athens Olympic Games and is currently the home ground of Greek Superleague football team Ergotelis.

Crete forms a significant part of the economy and cultural heritage of Greece. It was once the centre of the Minoan civilization, which is regarded as the earliest recorded civilization in Europe.

The First League will be held simultaneously with the European Athletics Team Championships Super League in Cheboksary, Russia, and Second League in Stara Zagora, Bulgaria, on 20-21 June 2015. The Third League takes place in Baku, Azerbaijan, from 21-22 June as part of the European Games.

More than 600 athletes from 12 countries will be competing for points at the Pankritio Stadium in 20 men's and 20 women's events.

With the emphasis placed on national team points instead of individual results, the unpredictability of a team performance coupled with the battle for national pride is sure to have spectators on the edge of their seats!

We look forward to strengthening our partnership through yet another highly successful event and I hope all spectators and athletes contribute to creating another fantastic milestone in the history of Greek athletics.

Svein Arne Hansen



## WELCOME GREETINGS

#### **GOVERNOR OF CRETE**

The biggest city of Crete, Heraklion, proudly welcomes the athletes, officials and spectators of the 6th European Athletics Team Championships 1st League.

In June 2015 Heraklion will offer us feelings of emotion and joy by hosting one of the top athletic events, a unique celebration of peace, culture and friendship in a period where people around the world experience uncertainty and anxiety for the future.

From Crete -which created Europe's name- we will send a strong message that people can live in unity, regardless of their origin, color, gender and religion and can stand out by peaceful means, promoting ancient Greece's ideal of participation.

Crete is doing its best to ensure that prominent athletes, officials and spectators from Greece, the Netherlands, Czech Republic, Turkey, Romania, Estonia, Ireland, Portugal, Belgium, Lithuania, Switzerland and Latvia will enjoy Cretan hospitality, admire the island's exceptional beauty and taste its delicious dishes.

Stavros Arnaoutakis



#### MAYOR OF HERAKLION

It is a great honor for our City to become host of the European Athletics Team Championships -1L, one of the most important athletics events in Europe and of course in our Island.

The staging of this competition for the first time in Heraklion, reflects the vivid interest of the International Athletics Family, the Local Authorities and the Hellenic Federation, while at the same time contributes to the development of our sport in the Region.

The Municipality of Heraklion supports this event and all those contributing to the development of Track and Field, so that this event to become a real celebration, for everyone, promoting "fair play" the ideal of sport and contributing to the development of sports tourism in our City.

The European Athletics Team Championships 1L is the perfect opportunity for all of us to experience this unique atmosphere of athletics celebration and to admire & encourage our National Team's efforts to be promoted to the Super League.

It is also a great opportunity for our Municipality to offer our hospitality and our facilities to the participating Teams, thus contributing to the promotion of sports tourism in our region.

Our warm congratulations are due to all stakeholders, European Athletics, the Hellenic Federation, the SEGAS Regional Committee, the Region of Crete, press representatives, the volunteers and all local sportive and cultural authorities, for their decisive contribution to the event's success.

We wish to all athletes, officials and hosts a very pleasant stay and a successful competition.

Vassilis Lambrinos



#### **VICE-GOVERNOR OF HERAKLION**

It is with great enthusiasm that the Region of Crete and the district of Heraklion welcomes an important event such as the European Athletics Team Championships.

We have managed to be entrusted with the organization of this beautiful athletic event, thanks to the optimal cooperation between European Athletics, the Hellenic Federation, our Region and the Municipality of Heraklion.

Our City has great potential and we are convinced that it can turn out to be a high quality sports tourism & training center for athletics Teams.

Apart from the above, we must focus on the fact that such cultural and athletics events acquire a special importance for our community, as they offer perfect opportunities to our people to overcome difficulties while at the same time become a glance of optimism in our rough everyday life.

This event is a benefit to all of us, in many aspects. Our Country is back to the International Athletics Stage, proving that we are capable of hosting major events and that Crete has the potential to become a perfect athletic venue.

We wish full success to all the competitors and a very pleasant stay to each and everyone of you.

**Evripides Koukiadakis** 



#### PRESIDENT OF SEGAS

It is a great happiness for us to meet in Greece some of the top European athletes.

We welcome you at the world-famous island of Crete that harmoniously combines myth, history, natural beauties and culture together with Cretan hospitality and a longstanding tradition in sports.

We welcome you in Heraklion, an enchanting city that offers unique historical monuments, a fine cuisine, endless beaches, but also modern sports venues.

For all of us in SEGAS, Greece's comeback to the organis ation of important athletics events despite the crisis is an exceptionally positive fact.

I am sure that by drawing upon the knowledge and experience of our executives and by working closely with our institutional partners, that is the Region of Crete and Municipality of Heraklion, we will ensure an outstanding event.

Most of all, I am sure that the residents and visitors of Heraklion will meet at Pankrition Stadium to enjoy and support the athletes' efforts.

We are waiting for you in Heraklion

Kostas Panagopoulos





## A TOUR OF THE CITY







Heraklion is the largest urban centre in Crete with approximately 175,000 people, the capital of the region and the economic centre of the island. The town enjoys of a dynamic and imaginative combination of natural beauty climate, strategic position, cultural heritage and scientific background what has created an appropriate environment to suport a particular mechanism with which to in add value to the broader entrepreneurial activity in the region and stimulate the local economy. Today Heraklion is the top choice for tourist destinations in the Mediterranean thanks to strategic geopolitical position connecting three continents and many different cultures, furthermore the city is also the commercial and scientific centre of the island.

f you begin a walk around Heraklion, starting at the fishing harbour close to the modern port, what will strike you first is the Venetian fortress at the harbour gate. The fortess was originally built by the Venetians and called Rocca al Mare, but is now known by its Turkish name, Koules. It has a mixed history; for centuries it was used as protection against invaders, as were the great city walls and ditches. These are among the longest city walls in Europe.

#### 25th of August Street

It takes its name from a massacre of 'martyrs' which occurred in 1898. This involved the killing of many Cretans and, crucially, British in this area, by the Turks, finally forcing the 'Great Powers' (Britain, France and Russia) to recognize Crete's struggle. Old and modern buildings compete for space now on the street named to remember 25th August. Walking up the short hill, and passing the shops and tourist offices, we reach St. Titus' Cathedral, an impressive sight. Saint Titus, a fellow traveller of Saint Paul, preached the gospel in Crete during Roman rule and was martyred in Gortyn, where a 7th Century basilica stands in his memory. A little further and you discover the Venetian architecture of the Loggia which functioned as a club for the nobility to gather and relax. The Loggia is a wonderful example of Venetian building, unmistakeable with its semicircular arches, it was built in the 16th century and was located in the Piazza dei Signori (Square of the Administrative Authorities). The Loggia was awarded the Europa Nostra first prize in 1987 for the best renovated and preserved European monument of the year.

St. Mark's Basilica, almost next door, is now the Municipal Art Gallery and often host to art and crafts exhibitions, almost always open to visit. Built in 1239 in the Piazza delle Biade (Square of Blades), it was at one time the Cathedral of Crete. The Basilica belonged to the reigning Duke, eventually becoming his burial place.

#### Liondaria, or Lion Square

This is the heart of Heraklion where tourists and locals share the small space around the fountain, exchanging glances and perhaps a few words. Business and pleasure combine here, and it is the place to meet for whatever purpose or no purpose. To give some background, it might also be called the Morosini Fountain or, Liondaria in Greek or, more properly, Plateia Eleftheriou Venizelou, after Venizelos, Crete's greatest man of state. No need to be hungry here. The bougatsas, or vanilla cream pies, are great for breakfast, and there are plenty of omelette, crepe and souvlaki places around. Plateia Kornarou lies at the top of the market, with a lovely Venetian fountain of its own, the Bembo Fountain, probably the oldest, and it bears some very good decoration, although it has ceased to fount. The Bembo Fountain was built in 1588 by Venetian architect Zuanne Bembo. It is decorated with columns, Venetian family coats-of-arms and a headless male statue, brought here from lerapetra. The Plateia itself is named after Vitsenzos Kornaros (1553 to approx.1614), composer of the epic poem Erotokritos, which is regularly performed around Crete, and still evokes pride in every Cretan heart.



## A TOUR OF THE CITY

#### **Agios Minas Cathedral**

You will find plenty of life around the wide space in front of the cathedral, dedicated to the Patron Saint of Heraklion and one of Greece's largest churches, completed in a cruciform shape with twin towers. The church suffered damage in the battles for the city and needed thirty years to be rebuilt. In 1896 it was inaugurated with lavish celebrations. The square also contains a wonderful collection of religious icon paintings, housed inside the strong walls of the much older church of Agios Minas, and the Basilica of Agia Ekaterini and the site of a renowned school of Renaissance painters and writers in the 16th and 17th Centuries.

### Plateia Eleftherias, or Freedom Square

The spacious Plateia Eleftherias is worth exploring, built in a crescent shape alongside the Archaeological Museum and close to Heraklion's municipal buildings and the main foreign Consulates. Apart from breathing space, it offers the shaded park of Georgiades, a fine place to rest the feet and watch the busiest intersection in Heraklion. On the seaward side of the square is the entrance to St. George's Gate, used from Venetian times as a passage between the city and its port, the entrance is down stone steps, leading to an atmospheric dome-roofed chamber and the lower exit.

#### **Archaeological** Museum

The world famous Heraklion Archaeological Museum was built between 1937 and 1940 on a site that had been occupied during the Venetian Period by an imposing Catholic monastery of St. Francis, which was destroyed by the earthquake of 1856. The Museum houses archaeological finds from all over Crete. Pride of place goes to the treasures of the earliest European civilization, the Minoan, which can here be admired in all its historical continuity.

#### Other Places of Interest

Historical Museum of Heraklion, on Sofokli Venizelou, facing the sea, is dedicated to bringing 2,000 years of

history to life. The museum was founded in 1952 in a handsome turn of the 20th Century townhouse. It houses important examples of early Christian artifacts, stonework and decorative objects of Roman, Arab, Byzantine, Venetian and Turkish origin.

#### The City Walls

Heraklion is surrounded by a formidable medieval wall, which was used to protect it from enemies. Owing to this, the city enjoyed the reputation as a well-fortified state in the Mediterranean basin. It stood up to a siege from the Turks for 21 years, but was finally seized in 1669 after its betrayal by a Greek-Venetian engineer who informed the invaders of the walls' weaknesses at east and west bastions.

#### Knossos

The centre of Minoan civilisation and capital of Minoan Crete lay 5km south of Heraklion.

Knossos flourished for approximately two thousand years. It had large palace buildings, extensive workshop installations and luxurious rock-cut cave and tholos tombs. As a major centre of trade and the economy, Knossos maintained ties with the majority of cities in the Eastern Mediterranean.

The Minoan palace is the main site of interest at Knossos, an important city in antiquity, which was inhabited continuously from the Neolithic period until the 5th c. AD. The palace was built on the Kephala hill and had easy access to the sea and the Cretan interior. According to tradition, it was the seat of the wise king Minos. It was a multi-storey building covering an area of 20.000 square meters.

### OFFICIAL HOTELS



#### Teams Hotels Athina Palace

Agia Pelagia, 715 00 Heraklion - Crete - Greece Tel.: + 30 2810 81 1800 - Fax: + 30 2810 81 1664



#### Eri Beach

700 14 Limin Hersonissos - Crete - Greece Tel: +30 28970 21 180-1 - Fax: +30 28970 21 183



#### Silva Beach

193, El. Venizelou Street 700 14 Limin Hersonissos - Crete - Greece Tel: +30 28970 22 850 - Fax: +30 28970 21 404

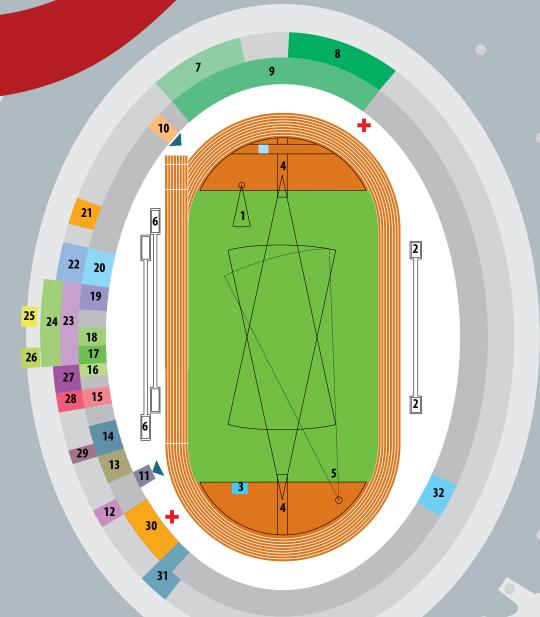


#### VIP/Media Hotel Aguila Atlantis Hotel

2, Ygeias Street, 712 02 Heraklion - Crete - Greece Tel: +30 2810 229 103 - Fax: +30 2810 226 265



# COMPETITION AREA LAYOUT



#### Main Layout of Competition Area

- Shot Put
- 2 Pole Vault
- 3 High Jump
- 4 Javelin Throw
  - Hammer Throw & Discus Throw
- Long Jump & Triple Jump
  - Call Room
- Weight Lifting Area
- 9 Indoor Training Area
  - Athletes Entrance to infield
- 11 Mixed Zone

10

19

- 12 Post Event Area
- 13 Athletes Changing Rooms
- 14 Doping Control Station
- 15 Competition Management Room
- 16 International Technical Officials Room
- 17 European Athletics Staff Room
- 18 Jury of Appeal Room
  - National Technical Officials Room
- 20 Medical Centre
- National Technical Officials Stands
- 22 Team Stands
- 23 VIP Tribune
- 24 Media Tribune
- 25 Data Processing Room
- 26 Press Conference Room
- 27 T

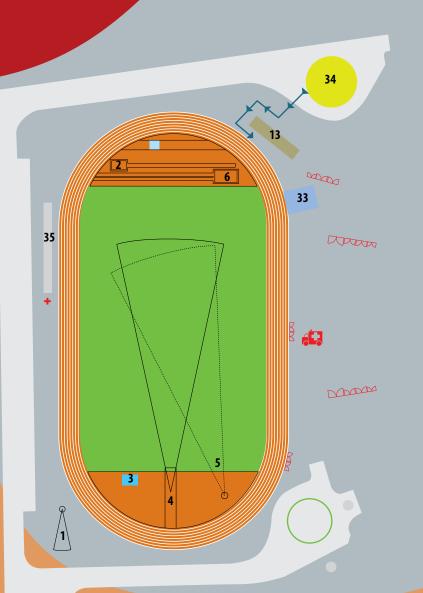
31

32

- 28 Video Recording Room
- 29 TV & Radio Commentary Positions
- 30 Press Room
  - Volunteers Room
  - Storage & Implements Room
    - First Aid



## WARM-UP AREA LAYOUT

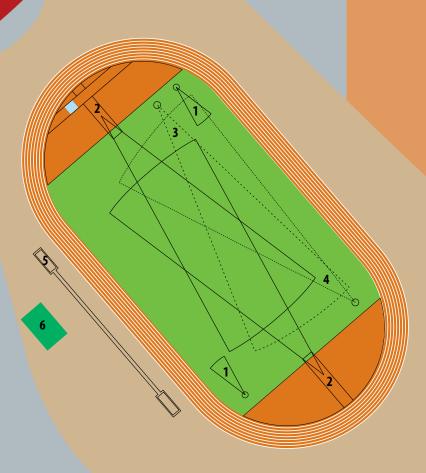


#### Main Layout of "Warm-Up" Area

- Shot Put
- 2 Pole Vault
- 3 High Jump
- 4 Javelin Throw
- 5 Hammer Throw & Discus Throw
- 6 Long Jump & Triple Jump
- 13 Athletes Changing Rooms
- 33 First Call
- 34 Athletes Drop-off and Pick-up
- 35 Teams Tents
- + First Aid
  - Ambulance



# ELEFTHERIAS TRAINING SITE FOR THROWING



#### Main Layout of Eleftherias stadium

- 1 Shot Put
- 2 Javelin Throw
- 3 Hammer Throw
- 4 Discus Throw
- 5 Long Jump & Triple Jump
- 6 Weight Lifting Room
- 7 Athletes Changing Rooms
- First Aid



# COMPETITION RULES & REGULATIONS

1. European Athletics Team Championships Basic Rules

The European Athletics Team Championships shall be staged over 2 (two) consecutive days and in accordance with the relevant Rules and Regulations of the International Association of Athletics Federations (IAAF).

#### **Events**

The programme shall comprise the following 20 events for Men and 20 events for Women:

**Running events:** 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m, 110m/100m hurdles, 400m hurdles, 3000m steeplechase, 4x100m relay, 4x400m relay

Jumping events: High Jump, Pole Vault, Long Jump, Triple Jump

**Throwing events:** Shot put, Discus Throw, Hammer Throw, Javelin Throw

- The European Athletics Team Championships comprises one single competition where men's and women's teams represent as a single team the respective European Athletics Member Federation.
- All European Athletics Member Federations in good standing shall be entitled to enter teams in the European Athletics Team Championships.
- Each team shall consist of one athlete in each event (Men and Women), except relays.
- Each European Athletics Member Federation may include in its team only athletes eligible to represent that Member Federation in accordance with IAAF Rules.



# COMPETITION RULES & REGULATIONS

In 2015 the participating teams will be divided into:

- A Super League comprising 12 teams in Cheboksary/RUS,
- A First League comprising 12 teams in Heraklion/GRE
- A Second League comprising 8\* teams in Stara Zagora/ BUL,
- A Third League comprising the remaining teams in Baku/ AZE.
- \*as per decision of European Athletics Council, from 2017, the Second League will be composed of 12 teams.

The Super League, the First League, the Second League and the Third League shall each be regarded as a separate match and scored accordingly.

The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on.

Athletes or relay teams disqualified or not finishing shall not score. If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them. The team having the highest aggregate number of points shall be the winner of the match, and so on.

If two or more teams have the same aggregate number of points, the tie shall be decided in favour of the team having the greater number of event winners.

If the tie still remains it shall be decided in favour of the team having the greater number of second places, and so on.

#### **Promotion and Relegation**

Considering the Regulations change from 2017 in what regards the number of teams in the Second League, teams will be promoted or relegated as follows after the conclusion of 2015 European Athletics Team Championships:

- The lowest 3 (three) teams in the Super League shall be relegated to the First League.
- The 3 (three) first classified teams of the First League shall be promoted to the Super League. The lowest 2 (two) teams of the First League shall be relegated to the Second League.
- The 2 (two) first classified teams of the Second League shall be promoted to the First League.
- The 4 (four) first classified teams of the Third League shall be promoted to the Second League.

From 2017, the number of teams to be promoted and relegated in each league will be 3 (three).

#### Specific Regulations for the First League

#### **Track Events**

In the Track Events — according to IAAF Competition Rules no false start will be allowed. Any athlete committing a false start will be disqualified.

• In case of a tie between athletes in the different heats for races up to 400m inclusively and relays the photo finish judge shall consider the actual times to the 1/1000th of a second. If the tie cannot be broken the attributable points shall be divided equally between them.

#### **Field Events**

Horizontal Jumps and Throwing Events

There will be a maximum of 4 (four) trials in each event. All participating athletes will have three qualification trials (1st, 2nd and 3rd trial); the best 4 (four) athletes after the 3 (three) qualification rounds will compete in the Final (4th round).

• The 8 (eight) athletes with lower performance will be ranked by their best performance after the 3rd qualification trial; the remaining 4 athletes will be ranked by their best performance after the Final (4th round).

- •In the Horizontal Jumps and Throwing Events the order of trials in the first round will be kept until the 3rd trial. The order of the trials in the final round will be the reverse order of the ranking after the 3rd round.
- IAAF Rule 180.19 will apply for ties.

#### **Vertical Jumps**

In the Vertical Jumps each competitor shall be entitled to a maximum of 4 (four) fouls only throughout the whole field event.

- All the other relevant IAAF Rules for the Vertical Jumps will apply.
- IAAF Rule 181.8 will apply for placings.
- The time permitted for each attempt in High Jump and Pole Vault shall be 1 (one) minute except when consecutive attempts are by the same athlete or if only the winner according to 2.5 is competing in which case IAAF Rule 180.16 shall apply.
- The winner of the competition is allowed to continue according to IAAF Rule 181.2. The winner will be allowed to continue at the height he/she was not successful.
- In case of a tie for first place IAAF Rules 181.8 c) will apply, hence no winner will be defined to continue the competition.

#### **Starting Order and Distribution of Athletes per heat**

The order of attempts in Field Events shall be decided by a draw conducted by European Athletics. Each participating team shall be allocated a letter which shall determine the order of attempts in the field events (according lane and starting order draw).

 Races up to 400m inclusively and relays will be staged in two heats of 6 athletes each. The distribution of athletes per heat will be as follows:

- For the races up to 400m inclusively the heats are being arranged by considering as much information as possible about the performances of all athletes and the heats draw so that, the best performers compete in the same heat. In principle the distribution will be based on the athletes' season best performances. Results from the previous major events (Finalists of Olympic Games or World Athletics Championships or Medallists in European Athletics Championships) can be also considered by the Technical Delegate for the purpose of the distribution per heats. This will be applied in case an athlete has no season best.
- Heat 2: Lanes 2-3-4-5-6-7 will be allocated to top six athletes
- Heat 1: Lanes 2-3-4-5-6-8 will be allocated to the remaining athletes
- For the 4X100m and 4X400m relays the teams' distribution per heat will be according to the teams scoring standings one (1) hour before the scheduled time for each event:
- Heat 2: Lanes 3-4-5-6 will be allocated to the best scored teams (first six teams)
- Heat 1: Lanes 3-4-5-6 will be allocated to the remaining teams

Host cities 1st League
2009 Bergen
2010 Budapest
2011 Izmir
2013 Dublin
2014 Tallinn
2015 Heraklion



## THE HISTORY OF EATCH

The history of the European Athletics Team Championships is a young one. Heraklion public will witness the sixth edition of this rather young competition only since the inaugural event 2009 in Leiria/Portugal (Super League).

The league system of Super, First, Second and Third league includes promotion and relegation in between the leagues. And, this can be regarded as a milestone, the results of men and women in the 20 competitions each are combined. As in the Super League, in the First League twelve teams are competing, in the Second and Third League eight and 14 teams respectively. The European Athletics Team Championships are an annual event but not staged in the years of Olympic Summer Games.

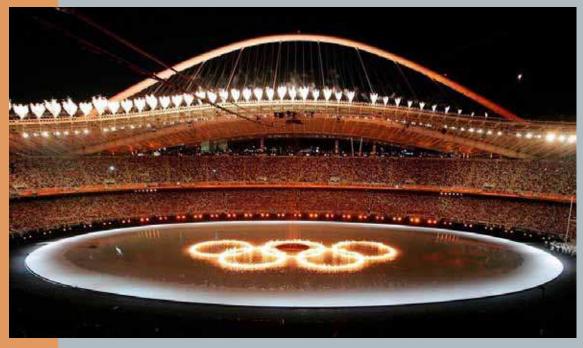
The European Athletics Team Championships' predecessor was the European Cup, which was staged for the first time in 1965 in Stuttgart (men) and Kassel (women) and for the last time in Annecy/FRA in 2008 with its 29th edition. In its final format, the European Cup was also staged in different leagues, the top league named the Super League and contained eight male and eight female teams. The male and female teams were separate teams, which meant that the female team of one country could get relegated while their male counterpart would stay in the Super League as long as they had enough points. Below the Super League were the First and Second Leagues, which contained other European countries that did not qualify for the finals.



# GREECE AND MAJOR COMPETITIONS

In 2004, the return of the modern Olympic games in Athens was a historic homecoming that attracted worldwide acclaim and received positive reviews from the world's press and the then IOC president, Mr. Jacques Rogge. In 1997, Greece had successfully organised the World Senior Athletics Championships in Olympic Stadium, while in 1982, the European Athletics Championships had taken place in the same venue - a successful follow-up to the 1969 European Athletics Champion ships in G. Karaiskakis Stadium. The 2006 World Cup and 2009 Grand Prix Final were the most recent athletics events that took place in Greece. Major indoor athletics events, such as the 1985 European Indoor Championships, have also been hosted by our country. In 2006 Thessaloniki hosted the first league of Bruno Zauli.







# ATHERS TEAM CHAMPIONSHIPS 2014 EDITION

ו - ח	lgium
КΔІ	milim
וסעו	ululli

Czech Republic (-)

Estonia

Greece

Ireland

Latvia (+)

Lithuania

Netherlands (-)

**Portugal** 

Romania

Switzerland (+)

Turkey (-)

(-) have been relegated from the Super League 2014

(+) have been promoted from the Second League 2014

the Greek Team placed 5th with a total of 276,5 points, missing the opportunity to be promoted to the Super League.

The Team of Belarus with top athletes, was placed 1st with 302,5 points, just a breath ahead the Norwegians who finished 2nd with 300 points.

The third Team promoted was the Finish Team, while the Romanians were fourth with a total of 281,5 points.

The Super League of the European Athletics Team Championships was staged in Braunschweig, with the German Team scoring 371 points and the Russian Team finishing 2nd with 359,5 points.

The Teams of Netherlands (209 p), Czech Republic (208,5 p) and Turkey (138,5 p) were relegated to the 1st League, where they are expected to play an important role, during the 2015 edition.

The Teams of Switzerland and Latvia were the first two winners of the 2nd League and thus are the last (but not least) two Teams to form the 12 members of our League to be held in Heraklion.

The 2015 Super League, will be staged in Cheboksary (RUS), the 2nd League in Stara Zagora (BUL) and the 3rd League in Baku (AZE).

Official airport: Heraklion International Airport

Information about plane/flights accepting poles at the period of the event at:

http://en.aegeanair.com/travel-information/ baggage/special-baggage/?\_ga=1.59396653.1 053011822.1416316277

Visas: Only the Turkish team members need a visa to enter Greece

### TIMETABLE

Saturday 20 June 2015		
16:00	Hammer Throw	Men
16:30	Opening Ceremony	
16:50	Pole Vault	Women
16:51	4. Hammer Throw	Men
17:00	Shot Put	Men
17:05	400m H Heat 1	Women
17:11	400m H Heat 2	Women
17:20	400m H Heat 1	Men
17:26	400m H Heat 2	Men
17:30	Triple Jump	Women
17:35	100m Heat 1	Women
17:40	Discus Throw	Women
17:41	100m Heat 2	Women
17:45	4. Shot Put	Men
17:55	100m Heat 1	Men
18:01	100m Heat 2	Men
18:15	800m	Women
18:21	4. Triple Jump	Women
18:28	4. Discus Throw	Women
18:35	1500m	Men
18:40	High Jump	Men
18:45	3000m SC	Women
19:00	Long Jump	Men
19:05	400m Heat 1	Women
19:10	Javelin Throw	Women
19:11	400m Heat 2	Women
19:20	400m Heat 1	Men
19:26	400m Heat 2	Men
19:35	5000m	Men
19:51	4. Long Jump	Men
19:56	4. Javelin Throw	Women
20:05	3000m	Women
20:25	4 x 100m Heat 1	Women
20:34	4 x 100m Heat 2	Women
20:45	4 x 100m Heat 1	Men
20:54	4 x 100m Heat 2	Men

Sunday 21 June 2015		
16:00	Hammer Throw	Women
16:45	Pole Vault	Men
16:50	Shot Put	Women
16:51	4. Hammer Throw	Women
17:00	Triple Jump	Men
17:05	100m H Heat 1	Women
17:11	100m H Heat 2	Women
17:25	110m H Heat 1	Men
17:30	Discus Throw	Men
17:31	110m H Heat 2	Men
17:35	4. Shot Put	Women
17:45	800m	Men
17:51	4. Triple Jump	Men
18:00	1500m	Women
18:10	3000m SC	Men
18:15	High Jump	Women
18:20	4. Discus Throw	Men
18:30	200m Heat 1	Women
18:35	Long Jump	Women
18:36	200m Heat 2	Women
18:50	200m Heat 1	Men
18:56	200m Heat 2	Men
19:00	Javelin Throw	Men
19:05	5000m	Women
19:26	4. Long Jump	Women
19:35	3000m	Men
19:45	4. Javelin Throw	Men
19:55	4 x 400m Heat 1	Women
20:04	4 x 400m Heat 2	Women
20:15	4 x 400m Heat 1	Men
20:24	4 x 400m Heat 2	Men
20:30	Victory Ceremony	
Rehearsal Timetable • F	riday 19 June 2015	
17:05	100m B-Race Heat 1	Women
17:12	100m B-Race Heat 2	Women
17:20	100m B-Race Heat 1	Men
17:27	100m B-Race Heat 2	Men
17:55	4X100m extra race	Women
18:05	4X100m extra race	Men



### COMMITTEES

#### **EUROPEAN ATHLETICS COUNCIL**

President: Svein Arne Hansen (NOR)

1ST Vice President: Dobromir Karamarinov (BUL)

Vice President: Jean Gracia (FRA)

Vice President: Frank Hensel (GER)

Director General: Christian Milz (SUI)

#### Members

Sylvia Barlag (NED)

Gregor Bencina (SLO)

José Luis de Carlos (ESP)

Alfio Giomi (ITA)

Marton Gyulai (HUN)

Toralf Nilsson (SWE)

Dimakos Panagiotis (GRE)

Antti Pihlakoski (FIN)

Jorge Salcedo (POR)

Gabriela Szabo (ROU)

Erich Teigamagi (EST)

Libor Varhanik (CZE)

Salih Munir Yaras (TUR)

ex officio member: LamineDiack (SEN)

European Athletics Honorary Life Presidents: Carl-Olaf Homén (FIN), HansjörgWirz (SUI)

LOCAL ORGANISING COMMITTEE				
President	Konstantinos Panagopoulos	President of Hellenic Athletics Federation (SEGAS)		
	Evripides Koukiadakis	Regional Vice Governor		
Vice President(s)	Konstantinos Vardavas	Deputy Mayor of Heraklion for Sport and Adminis- tration / President of the Pankrition Stadium		
Members	Panagiotis Antonakakis	Board Member of SEGAS		
	Athanasios Raptis	Board Member of SEGAS		
Event Coordinator	Andreas Gogas	Competitions Director of SEGAS		
Deputy Event Coordinator	Angeliki Prokaki	SEGAS		
Competition	Markos kaloudis	SEGAS		
Administration	Kalypso Dervou	SEGAS		
Finance	Stavros Karagelis	SEGAS		
Marketing	Anastasios Kasiolas	SEGAS		
	Kyranakos Sotirios	SEGAS		
Promotion	Gian Andrea Paolo Carancini	Municipality		
	Voutsala Ira	Region		
Stadium Services	Dimitris Tsirakos	Municipality		
Event Presentation	Ioannis Koutsogiannopoulos	SEGAS		
TV & Media	Charalampos Zannias	SEGAS		
Medical	Dionysios Chissas	SEGAS		
	Mandilaras Loizos	SEGAS		
Accommodation	Evangelia Chalkiadaki	Region		
	tbd	Event Management Company		
<b>.</b>	Achladis Panagiotis	SEGAS		
Transport	Manolis Nikokirakis	Event Management Company		
Technology	tbd	National Anti-doping Organisation (ESKAN)		
Security	Spiros Arampatzis	Municipality		
	Roula Strataki	SEGAS		
Volunteers	Dimitris Stiakakis	Region		
	Dimitris Tsirakos	Municipality		
	Christos Dorgiakis	Region		
Social Events (sporting & cultural events)	tbd	SEGAS		
	Stella Pilatou	Municipality		

HONORARY BOARD LOCAL ORGANISING COMMITTEE		
Most Reverend Eirinaios	Bishop of Crete	
Stavros Kontonis	Deputy Minister of Sports	
Stavros Arnaoutakis	Regional Governor of Crete	
Evripides Koukiadakis	Regional Vice Governor	
Vasilios Lamprinos	Mayor of Heraklion	
Konstantinos Vardavas	Deputy Mayor of Heraklion for Sport and Administration / President of the Pankrition Stadium	
Georgios Pitsoulis	Chairman of the Regional Council of Crete	
Nikolaos Syrigonakis	Regional Advisor for Sports	
Konstantinos Panagopoulos	President of Hellenic Athletics Federation (SEGAS)	
Vasilios Sevastis	Secretary General of SEGAS	
Sotiris Lavoutas	President of Local Committee of SEGAS	
Christoforos Androulidakis	General Secretary of Local Committee of SEGAS	
Fotini Papadaki	Member of Local Committee of SEGAS	
Georgios Bouzakis	Senior Commander of Guard of Heraklion (SEAP)	
Nikolaos Christofakis	Chief of the Police Department of Heraklion	
Theofanis Kourkoulos	Port Harbour Master of Heraklion	
Emanouil Damoulakis	Chief Commander of Fire Brigade of Heraklion	
Antonios Grigorakis	Chief Commander of Medical Services of Crete	
Apostolos Klinakis	Regional Manager of Education of Crete	
Nikolaos Charitakis	President of the General Hospital of Heraklion (PA.G.N.I.)	
Nikolaos Giannakoudakis	Director of National Center of First Aid of Heraklion (EKAB)	
Emmanouil Chrysos	Chief Commander of the Traffic Department of Heraklion	







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